

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE

ADMINISTRATIVE BOARD

REGULAR BOARD MEETING

TUESDAY, FEBRUARY 12, 2002

KCASAAB Members Present: Linda Brown, Joan Clement, Nancy Code, Pam Detrick (awaiting Executive appointment), Roger Goodman (awaiting Executive appointment), Jim Harbaugh, Joyce Proudlock, Bob Seidensticker, Scott Strawn (awaiting County Council confirmation)

KCASAAB Members Absent:: Yasmin Smith

Staff Attending: Sherry Hamilton, Jackie MacLean, Geoff Miller, Rhoda Naguit

Guests Present: Gerry Coughlin, Alcohol-Drug Helpline; Ed Dwyer-O'Conner, CTU/HMC; Steve Freng, CNS, Inc.; Harvey Funai, Barb McHenry, State Division of Alcohol and Substance Abuse; Frank Kokorowski, KC Veterans; Pat Knox, Recovery Centers of King County; Kim Murillo, Stonewall Recovery Services; Eleanor Owen, Advocate

The regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) was convened at the Conference Room of the Dutch Shisler Sobering Center, 1930 Boren Avenue in Seattle. Chair Jim Harbaugh called the meeting to order at 12:05 p.m., followed by introductions of all members and guests.

I. MINUTES

Joyce Proudlock made a motion and was seconded by Nancy Code to approve the meeting minutes of January 8, 2002 as submitted. The motion was passed and the minutes of January 8, 2002 were approved unanimously.

II. CHAIRMAN'S REPORT

A. Board Planning Retreat

The board discussed the initial planning retreat for this year. It was decided to hold the retreat in April on a weekday from 4:30 p.m. to 8:00 p.m. at the Dutch Shisler Sobering Service Center. Suggested dates are April 16 or 24. Rhoda will do a telephone poll to find out the availability of the rest of the board members. The final date will be presented at the regular board meeting on March 12, 2002.

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| <p>This material is available in alternate formats. For more information, please contact Rhoda A. Naguit at 206-296-7623 Voice or 206-296-7596 TTY.</p> |
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B. Nominations for Board Leadership

Linda Brown and Nancy Code were nominated for Board Chair and Vice Chair respectively. Joan Clement made a motion, which was seconded by Bob Seidensticker to approve the nomination of Linda Brown as Board Chair and Nancy Code as Board Vice Chair. The motion was passed and unanimously approved.

C. Board Membership Update

Board Chairman Harbaugh acknowledged and welcomed Roger Goodman, a candidate for board membership. He asked Roger to tell something about himself. He served as Executive Director of a state Sentencing Guidelines Commission from 1998-2000. Currently, he's the director of the King County Bar Association's Drug Policy Project. He said that although he has no clinical experience, he believes that his years of experience with those suffering from alcoholism or drug addiction would provide a valuable new component to the board's discussions as coming from the perspective of criminal law and procedure and legislative policymaking regarding drug offenses.

Keith Williams has served his letter of resignation effective immediately. Chairman Harbaugh sent him a letter of appreciation for sharing his gift of time and talent to our shared labors.

D. Review of By-Laws

Jim recommended putting on hold the review of the Board By-Laws until the board holds its planning retreat on April 16, 2002.

E. Board Liaison Report

Board Chairman Harbaugh reported that he and board members Linda Brown, Bob Seidensticker, and Pam Detrick attended the joint mental health/substance abuse legislative committee. The group proposed to name the committee as Legislative Advocacy and Public Affairs Committee at their meeting last January 30, 2002. The work group amended a draft charter for the Legislative Advocacy and Public Affairs Committee at that meeting.

Copies of a draft charter for the Legislative Advocacy and Public Affairs Committee were sent to both KCASAAB and MHB members for their review and approval at their February 12, 2002 regular meeting.

Sherry Hamilton gave a quick overview of the charter. Under the charter, the joint committee of KCASAAB and MHB shall be responsible for imparting information and providing advocacy to members of the State Legislature on the need for services and funding to support persons with mental illness and/or substance abuse needs. The Committee also will promote public awareness and understanding of mental illness and chemical dependency, e.g. public hearings. Both mental health and substance abuse boards will determine the composition of their committee membership. This may include board members, service providers or experts in each field.

Committee Co-Chairs, Pam Detrick of KCASAAB, and Eleanor Owen of KCMHB) will alternate in presiding over the meetings. Pam will convene the initial committee meeting, which will take place on February 27, 2002.

Jim Harbaugh made a motion, which was seconded by Joyce Proudlock to accept the charter as presented. The motion was passed and unanimously approved.

The next meeting of the Legislative Advocacy and Public Affairs Committee is on Wednesday, February 27th at 4:00 p.m. at the Exchange Building, 6th floor.

F. Human Services Day and Legislative Issues

The Human Services Day will be held in Olympia this coming Monday, February 18th, a holiday. Everyone is encouraged to attend. Copies of the 2002 Legislative Priorities for Mental Health and Substance Abuse were distributed for use as reference when they meet with their local legislators.

Copies of Seattle Times' Editorial and Opinion page featuring King County Executive Ron Sims as guest columnist and TASC Update were distributed.

Here's an update on the status of the following legislative bills affecting chemical dependency system:

More on the fate of **TASC** will be known by February 25, 2002 when the Senate budget is released, but the final fate will not be known until State budget is passed.

SB 6482 – Removes time limits for treatment under the Alcohol and Drug Addiction Treatment and Support Act (ADATSA). It eliminates 6-month limit on ADATSA (state-funded) treatment. It tailors treatment to the individual. The bill has passed Senate on February 4, 2002; referred to House Children and Family Services.

HB 2338/SB 6361 - Revises sentences for drug offenses. . This bill lowers the sentences for heroin/cocaine delivery during the current year. It implements new drug sentencing grid in 2004 that treats possession of all drugs and directs DOC fund savings into treatment and Drug Court services. This bill is still alive for the moment.

HB 2371 – Raises the age of consent from 12 to 16 for minors receiving CD or MH treatment. This bill died in committee.

The utility tax, which is a fiscal bill, just came out for a vote.

Sherry also gave a brief update on legislative bills affecting mental health system.

III. POST-TRAUMATIC STRESS DISORDER PRESENTATION

Handouts: Powerpoint Presentation “PTSD as a Factor in the Problems of Alcoholism and Addiction”, Published article in *American Jails, May/June 2001 /Issue*, “Implications for Jails” by Steve Freng and Frank Kokorowski; PTSD Research Quarterly “Trauma, PTSD, and Substance Abuse”; “Transcend”: Initial Outcomes from a Posttraumatic Stress Disorder/ Substance Abuse Treatment Program; A Guide for Patients and Families

Steve Freng and Frank Kokorowski made a presentation on Post-Traumatic Stress Disorder as a factor in the problems of alcoholism and addiction. Some of the highlights of their presentation include:

- Definition of Trauma
- What Post-Traumatic Stress Disorder is
- The relations between PTSD and Co-occurring Disorders
- Co-occurring Disorders: Chemical Dependencies, Mental Illness, PTSD
- PTSD Awareness/Services
- Components of Integrated Services
- Collaboration/Policy Implications
- Policy Paths

A pilot PTSD Assessment Tool will be sent to the board members by mail.

Due to scheduled executive session, there was no time for question-answer portion. The board expressed appreciation to Steve and Frank for their excellent presentation.

IV. EXECUTIVE SESSION

Chairman Harbaugh publicly announced that the board will go into an executive session and excused the rest of the attendees at 1:10 p.m.


Jackie MacLean, MHCADSD Manager, distributed copies of MHCADSD Mission and Core Values and briefly discussed it with the board. She also distributed an org chart as she envisions managing the division. Accompanying the org chart is a one-page document outlining the assumptions for organization. A friendly exchange of ideas from the board and MHCADSD Manager prevailed at this meeting.

There being no further business, the executive session and the regular board meeting adjourned was adjourned at 1:55 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary


Jim Harbaugh
Board Chairman

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